



408-377-8577  
14800 Camden Ave.  
SJ, CA 95124

## W E E K L Y   S C H E D U L E

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b><u>9:00-10:30 AM</u></b> <ul style="list-style-type: none"><li>• Adult BJJ</li><li>• Open Gym</li></ul>		<b><u>6:00 AM</u></b> <ul style="list-style-type: none"><li>• Adult BJJ</li><li>• Open Gym</li></ul>		<b><u>6:00 AM</u></b> <ul style="list-style-type: none"><li>• Adult BJJ</li><li>• Open Gym</li></ul>		<b><u>9:30-11:00 AM</u></b> <ul style="list-style-type: none"><li>• Adult BJJ</li><li>• Youth BJJ</li><li>• Open Gym</li></ul>
	<b><u>12:00 - 1:30 PM</u></b> <ul style="list-style-type: none"><li>• Adult BJJ</li><li>• Open Gym</li></ul>	<b><u>12:00 - 1:30 PM</u></b> <ul style="list-style-type: none"><li>• Adult BJJ</li><li>• Open Gym</li></ul>	<b><u>12:00 - 1:30 PM</u></b> <ul style="list-style-type: none"><li>• Adult BJJ</li><li>• Open Gym</li></ul>	<b><u>12:00 - 1:30 PM</u></b> <ul style="list-style-type: none"><li>• Adult BJJ</li><li>• Open Gym</li></ul>	<b><u>12:00 - 1:30 PM</u></b> <ul style="list-style-type: none"><li>• Adult BJJ</li><li>• Open Gym</li></ul>	
	<b><u>4:30 PM</u></b> <ul style="list-style-type: none"><li>• Little Jags BJJ</li><li>• Youth MMA</li></ul>	<b><u>4:30 PM</u></b> <ul style="list-style-type: none"><li>• Little Jags BJJ</li><li>• Youth MMA</li></ul>	<b><u>4:30 PM</u></b> <ul style="list-style-type: none"><li>• Little Jags BJJ</li><li>• Youth MMA</li></ul>	<b><u>4:30 PM</u></b> <ul style="list-style-type: none"><li>• Little Jags BJJ</li><li>• Youth MMA</li></ul>		
	<b><u>5:30 PM</u></b> <ul style="list-style-type: none"><li>• Little Jags BJJ</li><li>• Youth JiuJitsu</li><li>• Adult Kickboxing</li><li>• Adult Circuit Training</li></ul>	<b><u>5:30 PM</u></b> <ul style="list-style-type: none"><li>• Little Jags BJJ</li><li>• Youth JiuJitsu</li><li>• Adult Kickboxing</li><li>• Adult No-Gi</li></ul>	<b><u>5:30 PM</u></b> <ul style="list-style-type: none"><li>• Little Jags BJJ</li><li>• Youth JiuJitsu</li><li>• Adult Kickboxing</li><li>• Adult Circuit Training</li></ul>	<b><u>5:30 PM</u></b> <ul style="list-style-type: none"><li>• Little Jags BJJ</li><li>• Youth JiuJitsu</li><li>• Adult Kickboxing</li><li>• Adult No-Gi</li></ul>	<b><u>5:30 PM</u></b> <ul style="list-style-type: none"><li>• Youth Competition</li><li>• Adult No Gi</li><li>• Adult Kickboxing</li></ul>	
	<b><u>6:30 PM</u></b> <ul style="list-style-type: none"><li>• Adult BJJ technique &amp; Sparring</li></ul>	<b><u>6:30 PM</u></b> <ul style="list-style-type: none"><li>• Adult BJJ Fundamentals</li><li>• Adult BJJ technique</li></ul>	<b><u>6:30PM</u></b> <ul style="list-style-type: none"><li>• BJJ Marathon Roll (Adv Class)</li></ul>	<b><u>6:30 PM</u></b> <ul style="list-style-type: none"><li>• Adult BJJ Fundamentals</li><li>• Adult BJJ technique</li></ul>		

Instagram: @claudiofrancabjjsanjose

Facebook: Claudio Franca Brazilian Jiu Jitsu San Jose